

2018-19

Safeguarding Training & Support for
Children and Young People.



PRIORITY 1-54

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**Previous
and
current
partners**



Testimonials

Training

Working with children and young people

‘The work that Priority 1-54 has been doing in Bexhill Academy has really helped develop our equalities work, challenging the stereotypical male role model. They have developed a programme for us that uses the experiences of both male and female students that is relevant and engaging and will now allow us to roll this out through the forthcoming year’ Head of Inclusion, Bexhill Academy

‘The training was very relevant and helped fill in the gaps in our whole school approach’ [Prevent training - Head teacher]

‘A great, interactive and thought-provoking session with an opportunity to trial some of the resources’ [Transition Training - Assistant Head]

‘Really useful training and great to have all the resources’ [Online Safety - Deputy Head]

‘A great morning, everyone was welcoming and found lots of new and relevant ideas to introduce back at school’ [Girls’ Friendships Training – HLTA]

‘It was engaging with high-quality resources that were very user friendly and ready to use back at school’ [Anti-Bullying - Training Headteacher]

‘Really valuable training which is going to help improve our response to friendship problems and bullying’ [Anti-Bullying Training – Deputy Head]

‘The training was informal and informative with lots of first hand examples to make the learning relevant and interesting’ [Anti-Bullying Training – school nurse]

‘Today I learnt that it’s not always a good idea to bottle things up’ [Year 6 student]

‘I need to think more about how my friends are feeling’ [Year 9 student]

‘The workshop is funny but still serious at the same time’ [Year 9 student]

‘I’ve learnt that you don’t have to be tough to be a man, but no one wants to be seen to be weak’ [Year 13 student]

‘I learnt to be more open minded, not to pick sides and not to judge people’

‘The workshop has helped me to learn new skills and I feel more confident talking to other people’

‘I learnt that you need to look at both sides of the situation to figure out how to fix it’

Supporting parents/carers

'I learnt how important empathy is when dealing with problems between people'

'I enjoyed the way that everyone was open and honest and got involved'

'It was very insightful for what we do at school'

'The presenter was excellent. The whole morning was brilliantly run and very informative'

'I felt it was invaluable and that every parent of girls should be offered the opportunity to attend the workshop'

'John was really engaging and enthusiastic, and although it sounds funny given the subject, it was actually an enjoyable 2 hours!'

'I would love to attend another workshop like this and have my daughter attend with me'

Gave me the feeling that I can have a positive approach to speaking with my children about online issues'

'Changed my view of what is important i.e. embrace online responsibility rather than just saying no to everything'

Welcome

Welcome to Priority 1-54's essential training brochure, updated for 2018-19. With over 20 years of experience of delivering high-quality training across a wide range of safeguarding areas, our interactive training will appeal to all learning styles and motivate you to move forwards and make positive changes within your setting.

Revised for 2018-19

Our training has been revised and updated to take account of changes to children's safeguarding procedures; commissioning of new training programmes; recent research; and evidence-based learning from projects undertaken by Priority 1-54 during 2017-18.

Who we are?

Tom Goulden is a qualified Youth Worker and specialist Youth Arts Worker with over 15 years' experience supporting vulnerable children and young people in schools and youth settings.

With a degree in Fine Art, he uses inclusive and creative arts based approaches to engage children and young to promote learning and understanding. He is highly skilled at providing intensive individualised interventions, specialist targeted support and workshops in schools and youth settings.

John Khan has over 23 years' researching and supporting the needs of at-risk and vulnerable children and young people and has developed and delivered numerous national safeguarding training programs to 100's of teachers and support staff. John has a deep knowledge and experience in teaching and guiding schools and youth settings in the successful implementation of resilience, online safety and transition programs.

He is available for specialist targeted work to support and enhance the wellbeing and resilience of children and young people, classroom-based workshops and parent talks.

Why choose us?

Our training is delivered through a mix of presentations, interactive discussions and instantly useable resources to enable practitioners to embed learning immediately. Our training is underpinned by evidence-based practice drawn from our youth-led projects and research.

All our training courses are open to schools and colleges, children's workforce, the independent sector, adult services and voluntary organisations. We keep our training and our language friendly and engaging, whilst recognising the need to provide excellent value for money.

Bespoke training

Our training can be delivered at a time and location of your choice and tailored to the specific needs of your school/organisation. As the training takes place at your own venue, there is no staff travel, no time away from the workplace and no expenses often associated with public training courses.

Charging policy

The cost of twilight or Governor training is £175. For a half-day or full-day bespoke training, the costs are £300 and £425

How to book

respectively. Discounts are available where three training events are booked by the same organisation.

All of our training events can be booked and paid for online. However, we will invoice and accept BACS payment. Our training partners may use other booking and payment arrangements but these will be made clear on all relevant training documents.

Cancellation policy

Please note if a cancellation notice is received less than 5 working days prior to the training date the cost is non-refundable. We will make every effort to transfer your booking to a later course date but where this is not possible Priority 1-54 reserves the right to retain 100% of the cost of the booking.

Bespoke projects

If your setting has a specific requirement or an idea for a new project, we will be happy to discuss your needs, draw up a proposal for your consideration, and deliver an informative and interactive session with staff on your chosen theme.

Need more information

For more information about any of our training, projects or workshops outlined in this brochure please contact John Khan tel: 07846 137 597, Tom Goulden tel: 07511557634. Alternatively, email john.khan@hotmail.co.uk or info@priority154.com

Safeguarding Approach to Bullying Behaviour

By the end of this course, delegates will:

This essential training provides an all-round grasp of the key principals relating to bullying behaviour, offering a 'solution focused' casework approach so as to respond quickly and effectively to incidents of bullying.

- Understand the current research relating to bullying behaviour
- Recognise bullying as a safeguarding concern which impacts on well-being
- Support those affected by bullying behaviour using a clear 'solution focused' approach
- Build children's resilience so they can deal with bullying situations with minimal adult intervention

Who should attend?

Designated Safeguarding Leads, PHSE and Anti-Bullying Leads, Heads of Year, Assistant/Deputy Heads, Head Teachers, SENCOs, Inclusion Managers, Inclusion Support Staff, Teaching Assistants, Learning Mentors, School Nurses, Behaviour and Attendance Officers, Early Help Advisors, Parent Advisors, School Nurses, Youth Practitioners and Primary Mental Health Workers.

Course Duration:

Full-day/half-day

Anti-Bullying Week: Choose Respect Over Bullying

By the end of this course delegates will be able to

We provide schools, colleges and community organisations with a deep dive opportunity to explore the theme '**Choose Respect**' over bullying. This popular training event provides delegates with access to a wide range of resources including assembly outlines and lesson plans to support this years' theme.

- Understand the definition of respect including self-respect and respect for others
- Embed learning immediately by using a range of resources to engage children and young people in activities for Anti-Bullying Week 2018
- Respond effectively when children and young people report being bullied

Who should attend

Designated Safeguarding Leads, PHSE and Anti-Bullying Leads, Heads of Year, Assistant/Deputy Heads, Head Teachers, SENCOs, Inclusion Managers, Inclusion Support Staff, Teaching Assistants, Learning Mentors, School Nurses, Parent Advisors, School Nurses, Youth Workers and Primary Mental Health Workers.

Course Duration

Half-day/INSET/Twilight

Online Safety Training

We have developed a number of interactive online safety training programs, covering topics such as digital resilience, sexting, online friendships, cyberbullying and the impact of social media on mental health, so as to provide professionals with a sound understanding of what children and young people are doing online, the risks they may take and the possible implications.

Safeguarding children and young people online

This recently commissioned online safety training will enable Level 3 and 4 practitioners to 'enhance' and inform their assessments (and reassessments) of vulnerable families where children and young people may be exposed to potential online risks.

By the end of this course delegates will be able to

- Understand what is meant by digital resilience and the relationship between risk, protective factors and digital resilience
- Identify and address the potential online risks when working with vulnerable children and their families
- Build children and young people's 'digital resilience' to navigate the online world safely

Course Duration

Half-day

Parenting in a digital world

Parents/carers have a crucial part to play in keeping their children safe online. However, the online activities of parents/carers or their lack of knowledge or understanding of the online world may place a child at risk of harm.

This course complements the training outlined above and is designed for practitioners to make critical judgments about the use of digital technologies when working with vulnerable families and how to work collaboratively with parents/carers to build digitally resilient families.

By the end of this course delegates will be able to:

- Understand what is meant by digital resilience and the relationship between risk, protective factors and digital resilience
- Apply a range strategies to support vulnerable families
- Empower parents/carers with knowledge and skills to make more informed decisions to protect their children online

Course Duration

Half-day

Digital Safeguarding for School Governors

By the end of this course delegates will be able to

The Department for Education have highlighted key features of effective practice in relation to online safety in schools and the vital role which School Governors play in assisting and implementing online safety across their schools.

- Be fully informed about current policy and procedures relating to online safety and the duties and responsibilities for education and safeguarding professionals
- Have an increased understanding of the online risks posed to children and young people
- Understand what is meant by 'digital resilience'
- Feel equipped to deal with online bullying experienced by members of staff
- Consider the important role that parents/carers play in safeguarding their children online

Who should attend

School Governors and members of Senior Management Teams.

Course Duration

Half-day/INSET/Twilight

Safer Internet Day 2019

Safer Internet Day (Feb 6th 2019) has become a landmark event in the online safety calendar. The training provides delegates with an opportunity to focus on the theme for Safer Internet Day 2019.

A key feature of the training is to look at how schools and youth settings can best equip children and young people with the digital literacy skills they require for today's world, and how to support them if they encounter problems online by giving them the skills, resilience and confidence they need to navigate the internet safely.

By the end of this course delegates will be able to:

- Understand the vital role schools and youth settings play in safeguarding children and young people from a range of online issues
- Empower children and young people to make the best possible use of their online world
- Embed learning immediately by using a range of resources to engage children and young people
- Understand the important role parents/carers play in keeping children safe online

Course Duration:

Half-day/INSET/Twilight

Who should attend

Computing Coordinators, PHSE Leads, Youth Workers, Senior Management Teams, Heads of Year, Behaviour & Inclusion Teams, the Police, Anti-Bullying Leads, Learning Mentors, Teaching Assistants, and CAMHS Primary Mental Workers.

Managing Your Online Reputation

By the end of this course delegates will be able to:

Course Duration:

Who should attend

Glad 2Be Me: Promoting Girls' Positive Friendships

By the end of this course delegates will be able to:

Course Duration

Who should attend

With the prevalence of social media, it's getting harder and harder to separate our personal and professional lives, with the distinction between the offline and the online world becoming ever more blurred.

For teachers and youth practitioners their online reputation isn't just about what they post online, it's about how they post it, where they post it, and when they say it.

- Understand how to use social media without the risk of bringing their school/organisation/ profession into disrepute
- Recognise online behaviour that could warrant disciplinary and how to avoid the potential pitfalls
- Mitigate the risks associated with personal use of social media and practical steps to manage their online reputation

Half-day/INSET/Twilight

The whole school community including School Governors or anyone working directly with children and young people.

This hugely popular training draws directly from our work with girls and young women and provides an insight into the dynamics of girls' friendship groups with the opportunity to explore a range of practical strategies aimed at: developing emotional resilience and empathy, forging good friendships, managing feelings such as jealousy, and positively dealing with offline and online friendship problems.

- Understand the dynamics of friendship groups and cliques and the nature of 'relational aggression' among girls
- Recognise the impact of social media on friendships, cyberbullying and wellbeing
- Empower girls to navigate friendship problems and 'relational aggression' positively

Full-day/Half-day/INSET

Anti-Bullying Leads, Heads of Year, Assistant/Deputy Heads, Head Teachers, SENCOs, Inclusion Managers, Inclusion Support Staff, Teaching Assistants, Learning Mentors, School Nurses, Parent Advisors, School Nurses, Youth Workers and Primary Mental Health Workers.

Maps to Manhood (M2M)

By the end of this course delegates will be able to:

Course Duration:

Who should attend

Think: Protect: Connect: Prevent Training for Schools

By the end of this course delegates will be able to:

Course Duration:

Who should attend

This training draws directly from our recently funded project exploring how traditional forms of masculinity (and toxic masculinity) can negatively impact on young men's sense of identity, social relationships and mental health and examines resources and activities to help young men make a safe passage into manhood.

- Use a range of strategies to empower boys and young men to navigate gender stereotypes and toxic masculinity
- Understand how bravado, banter and masculine stereotypes can be a source of bullying behaviour
- Identify priorities for reducing peer-based sexual violence and harassment
- Recognise best practice principles with prevention at its core

Half-day/INSET

Anti-Bullying Leads, Heads of Year, Assistant/Deputy Heads, Head Teachers, SENCOs, Inclusion Managers, Teaching Assistants, Learning Mentors, Behaviour and Attendance Officers, Parent, Advisors, School Nurses, Youth Practitioners, Primary Mental Health Workers and Family Key Workers.

The overall aim of this training is to provide delegates with the confidence and skills to deliver our Home Office funded resource **Think: Protect: Connect** aimed at safeguarding children and young people from online radicalisation and extremism.

- Understand the vital role that schools and youth settings play in safeguarding children and young people from radicalisation and extremism
- Have increased confidence, skills and knowledge in debating sensitive and controversial issues
- Have a detailed understanding of the **Think: Protect: Connect** resource
- Have examined positive ways to challenge extremist narratives and promote the exchange of ideas amongst children and young people through the promotion of critical thinking skills

Full-day/Half-day

Designated Safeguarding Leads, Prevent Leads in Primary and Secondary Schools and Further Education Colleges, PHSE Leads, Youth Workers, Senior Management Teams, Heads of Year, Pastoral Managers; Inclusion Support Staff, the Police, Learning Mentors, Teaching Assistants and CAMHS Primary Mental Workers.

Youth Participation and Learner Engagement

By the end of this course delegates will be able to:

This interactive training offers the opportunity to develop knowledge, skills and confidence in using creative methods to enable the effective and active participation of children and young people in decision-making processes, both in schools and youth settings.

- Understand the importance for using creative approaches to engage children and young people
- Embed learning immediately by using a range of resources to creatively engage children and young people
- Develop personal action plans to engage children and young people in their own settings
- Apply creative approaches to participative decision-making processes

Course Duration:

Full-day/Half-day

Who should attend

Anyone currently involved in participation work with children and young people and those interested in finding out more about how to use creative methods for participation e.g. those with responsibility for supporting school councils.

Smooth Transition to Secondary School

By the end of this course delegates will be able to:

The transition from primary to secondary school involves many changes that can be both exciting and worrying to children and their families. Alongside the excitement of making new friends, being treated in a more adult way and learning new things, comes uncertainty about exactly what the new school will be like, worries about strict teachers and homework, not being able to make friends and being around older pupils.

- Understand the risks and resilient factors that impact on a child's ability to cope with transition
- Identify vulnerable children and know how to support those most at risk
- Embed learning immediately using a range of resources that promote resilience, improve self-esteem, confidence and the development of key friendship skills.

Course Duration:

Half-day/INSET/Twilight

Who should attend

Transition Leads, Heads of Year, Head Teachers, Assistant/Deputy Heads, Year 6 and Year 7 teachers, PHSE leads, SENCOs, Inclusion Managers, Inclusion Support Staff, Teaching Assistants, Learning Mentors and Youth Workers.

Creating Positive Lunchtimes: MDSA Training

By the end of this course delegates will be able to:

Course Duration:

Who should attend

Restorative Peer Mediation (RPM) Training for Pupils

By the end of this course delegates will be able to:

Course Duration:

Who should attend

Unlike other members of staff in schools, MDSAs receive little training prior to carrying out this important role. This training recognises the hugely important role that Midday Supervisor Assistants (MDSAs) play in schools:

- They act as school counsellors, listening to children's worries and problems
 - Reinforce PSHE messages around friendships and bullying behaviour; promote healthy eating
 - Facilitate positive play during lunchtime.
-
- Understand the importance of implementing a lunchtime/ playground charter and how this can be consistently applied by MDSAs
 - Identify the benefits of zoning playgrounds as a creative and low cost way of promoting positive play activities
 - Use a range of basic mediation techniques to address friendship problems and bullying behaviour

Half-day/INSET/Twilight

Senior Leaders responsible for MDSAs and MDSAs, but also relevant for Anti-Bullying Leads, Inclusion Managers, Inclusion Support Staff, Teaching Assistants and Learning Mentors.

Children and young people play a vital role in supporting each other both in and outside of school. The Restorative Peer Mediation training will enable young people to mediate disagreement between peers and provides them with active listening, cooperation and problem-solving skills.

By the end of this course young people will be able to:

- Understand the types of conflicts that take place between young people
- Use a range of effective communication skills including active listening and paraphrasing
- Apply restorative mediation techniques to deal with disagreements between peers
- Understand the importance and the principles of confidentiality and disclosure

Full-day

Aimed at secondary school pupils but can be delivered to Playground Buddies and Leaders in Primary in upper Key Stage Two.

The Art of Change

Our **Art of Change** program uses innovative and creative arts-based approaches to give a platform to learner voice on matters that directly affect them.

We work with groups of young people in schools and youth settings on particular issues i.e. anti-bullying, LGBTQ issues and mental health to produce a youth-led 'Manifesto for Change' or Charter as a bespoke working document identifying recommendations for change.

A key aspect of our work is to support young people's leadership, debating, critical thinking and problem-solving skills to enable them to become change agents, youth leaders and active citizens.

Arts Award Offer

We offer alternative creative arts accreditations for children and young people in a variety of settings. The Arts Award is a national accreditation programme that allows children and young people bespoke accreditation for creative interests they may already have.

This can include:

- One-to-one support for vulnerable children and young people who may not be accessing full-time education or work outside of the usual class setting
- Troubleshooting and support to your organisation to ensure you achieve the Arts Award and are ready for moderation
- Support to plan and organise trips to creative events
- Run and deliver the Arts Award over the holiday period

Please follow the links below to view a wide range of artwork and murals:

https://1drv.ms/f/s!AvUpw5WUIW4kgfA0rGLdL_2MMoIQhA

Support for Children and Young People

Tier One

We offer a tiered approach, that is solution-focused, delivering 1-1 and group based resilience building interventions to support children and young people, across primary and secondary schools, colleges and work collaboratively with partners to deliver interventions in the community.

Intensive individualised interventions: We use high quality, creative arts based learning approaches with child-centred planning to develop customised interventions. Progress is monitored and results are used to make decisions about further instruction and interventions.

Tier Two

Specialist targeted support: We have developed a number of targeted group based resilience programs for children and young people, which are available to schools, colleges and youth settings.

These include:

- **Maps to Manhood:** Six week program for young men exploring: gender stereotypes; bravado, banter and bullying behaviour; and the stigma preventing boys from talking about their emotional wellbeing and seeking support.
- **Glad 2B Me:** Six week program for girls and young women providing a safe space to explore the dynamics of friendships, develop emotional resilience, how to forge good friendships, offline and online friendship problems, social media and body image and conflict resolution skills.
- **Project Transition:** Five week program offering a great platform for children to address and allay any fears they have about making the transition to secondary school; from managing the changes that secondary school brings, to making new friends, getting lost, homework and 'scary teachers'.
- **Positive Mental Attitude:** Five week social skills program for vulnerable children and young, exploring how they feel about themselves, ways of creating a positive sense of identity, improving self-image and key feelings such as anxiety and jealousy.
- **Bullying behaviour:** Four week assertiveness program to build self-esteem, self-confidence and resilience so children and young people can deal with bullying situations with minimal adult intervention.
- **Think: Protect: Connect.** Five week program to support vulnerable children and young people deemed to be at risk of radicalisation and extremism.

Tier 3

Bespoke workshops for children: All of our workshops are designed to be fun, inspiring and educational and give a strong foundation on a wide variety of subjects. Our most popular workshops include:

- Building digital resilience and online safety
- Promoting positive friendship skills
- Managing social media and online friendships, including online peer pressure

Workshops for parents/carers

- Promoting a positive sense of identity and belonging
- Dealing with friendship fallouts and bullying behaviour
- All Equal: All Different - celebrating difference and diversity
- Exploring key themes for anti-bullying week
- Make a Noise About Bullying: bystander behaviour in bullying situations
- Dealing with transition from primary to secondary school

We offer a wide variety of workshops for parents/carers and though not exhaustive these include:

Anti-Bullying Workshops for parents/carers to explore the definitions of friendship problems and bullying behaviour; and offering an overview of the settings' preventative measures and how it responds to friendship and bullying incidents.

Media Mums and Digital Dads: This practical, no nonsense, workshop provides an overview of the latest research relating to children's online behaviour, how to keep children safe online, the latest trending Apps and games; and most importantly, how to talk openly and honestly to their children about their online behaviours and experiences.

Supporting Friendships: This engaging workshop provide parents/carers with the tools to:

- Explore the dynamics of offline and online friendships
- Help their child build empathy and deal with difficult emotions such as jealousy
- Learn how to deal positively with online and offline friendship problems and bullying behaviour