

## 10 Essentials for Schools and Organisations to Stop Bullying



- 1) Involve the whole school/organisation community, including young people, parents, outside agencies.
- 2) Ensure staff are trained regularly and feel confident to tackle issues when they occur.
- 3) Make your setting a place where young people feel safe to express their concerns and feel listened to.
- 4) Have a robust, up to date anti-bullying policy, we can help you with that.
- 5) Have E safety and cyberbullying awareness raising activities.
- 6) Make bullying an issue which is regularly covered during PSHE and assemblies.
- 7) Give parents guidelines and sources of help if they have a bullying concern.
- 8) Have a good peer support scheme with well trained and supported young people involved.

9) Regularly monitor your strategies through questionnaires and recording. We can help with this, we have audit tools and can arrange online surveys.

10) Never get complacent. Always keep updating your strategies, and use our resources to keep your school bully free!



Bullying Intervention Group

[www.bullyinginterventiongroup.co.uk](http://www.bullyinginterventiongroup.co.uk)